




Winter of Calm


MENU

Mains

 **Parent Coaching 121 Sessions** 1 session: £59
5 sessions: £265


1 hour, 1 scoop or 5, whatever flavour of help you need - sibling struggles, managing meltdowns, controlling behaviours... we're here to support you with practical ideas and strategies.

<https://connectivefamily.com/parent-coaching/>

 **Parents Foundation Course - starts in January** Please contact us
to apply

This course is a mix of 8 group sessions and 4 individual sessions. No more than 8 families on the course and focused on those with challenging behaviours.


<https://connectivefamily.com/the-foundations-nvr-training-for-parents/>

 **Connective Parenting Hub** £15 per month

Would you like help and support, whenever you need it, for 50p a day? The hub is for parents and carers, and includes lots of training, resources and weekly, live q+as.

<https://connectivefamily.com/connective-parenting-hub/>

Desserts


 **Sarah's Sanctuary** Hub members: £15
Non-Hub members: £30

An in-person day of relaxation, coaching, healing and chat.

1/12/23 in Sussex, 12/1/24 in the Midlands, 2/2/24 in South Wales, 15/3/24 in Edinburgh

Email training@connectivefamily.com for more details.

Hot chocolates

 **Free resources** Free

Visit our website for loads of free resources to help you over the winter.

www.connectivefamily.com